

# **PSHE Policy**

## **Introduction**

We recognise that the personal development of pupils, spiritually, morally, socially and culturally, plays a significant part in their ability to learn and achieve. We therefore aim to provide an education that provides pupils with opportunities to explore and develop their own values and beliefs, spiritual awareness, high standards of personal behaviour, a positive caring attitude towards other people, an understanding of their social and cultural traditions and an appreciation of the diversity and richness of other cultures. This is a whole school issue. PSHE has a contribution to make to the child's spiritual, moral, social and cultural development and opportunities for this will be planned in each topic area of the curriculum.

## **Rationale**

Children grow up in a complex and ever faster changing world and are exposed to an increasing range of influences. At Hutton Henry Church of England Primary School we aim to build on and complement the learning that has already started at home, in relation to moral values and attitudes, awareness of society within the Christian ethos of a Church of England Primary School. Parents or adults who care for the children we teach are the 'first time educators' of their children, so schools work in partnership with them, in developing children personally, emotionally and as young citizens.

The skills, knowledge and attitudes developed will enable young people to lead healthy, fulfilling and meaningful lives, in which they:

- Respect themselves as individuals, whilst developing an understanding, tolerance and respect for others and their differences, treating all people as equal.
- Develop a clear understanding of the Christian Values identified for our school: Endurance, Fellowship, Love, Compassion and Forgiveness.
- Develop a clear set of overall values and attitudes, including honesty and kindness and establishing and keeping to a strong moral code.
- Value themselves as unique human beings, capable of spiritual, moral, intellectual and physical growth and development.
- Develop their varied abilities and talents fully, setting achievable goals, learning to work and try hard, and understanding both success and failure.
- Learn to live and enjoy a healthy lifestyle.
- Develop an active role as a member of a family, and of the community.
- Understand the principles of our society and democracy.
- Value their role as a contributing member of a democratic society.
- Take pride in our county, our country, and in our nation's great institutions, its traditions, heritage and history.

- Develop a clear understanding of the British Values: Tolerance, Rule of Law, Individual liberty, Democracy and Respect.
- Respect religious and cultural diversity and develop an understanding of the beliefs and practices of major world religions including Christianity as the national religion and its importance in our history, culture, language and architecture.

PSHE, Citizenship and Relationships and sex education are central to the ethos of Hutton Henry Church of England Primary School, supporting children in their development and underpinning learning in the classroom and in the wider community.

## **Aims**

At Hutton Henry we believe that the personal, social and health development of each child, in conjunction with their citizenship skills, has a significant role in their ability to learn. We value the importance of PSHE, Citizenship and Relationships and sex education in preparing children for the opportunities, responsibilities and experiences of adult life. In addition, we believe that a child needs to learn about the many emotional aspects of life and how to manage their own emotions. We are also aware of the way that PSHE supports many of the principles of Safeguarding.

At Hutton Henry we aim to help the children to:

- Develop a personal identity, and high levels of motivation.
- Develop positive social interaction, and the skills to live and work with others.
- Develop the knowledge and skills to become an active citizen.
- Develop an understanding of our Christian values.

Our aims will be achieved through the following objectives:

- To assist pupils in developing confidence and responsibility and enable them to make the most of their abilities.
- To prepare pupils to play active roles as citizens.
- To encourage pupils to develop a healthy, safe lifestyle.
- To enable pupils to develop good relationships and respect the differences between people.

## **The Teaching of PSHE.**

PSHE is the 'real-life' learning, taught within the context of every day happenings in school and as part of the formal curriculum. We use the SEAL – Social and Emotional Aspects of Learning - materials to teach many of the elements of PSHE. We recognise that there are areas that SEAL does not cover and these are addressed with specific lessons where that occurs. We are an LGBT friendly school and follow the 'Educate and Celebrate' programme. We also follow the Happy Centred School programme which is an evidence based PSHE programme that will enhance the personal, social, emotional and economic wellbeing and happiness of our school community, as well

as promoting effective mental health strategies for pupils, parents, teachers and support staff. We have a long term planning grid to show where SEAL, LBGT, RSE and PSHE link.

PSHE will be delivered as part of a planned programme of lessons, through assemblies and productions, events and visits, and having visitors into school. The focus of this work will be to enhance the self-esteem of children which is widely acknowledged as being a key factor in the promotion of more positive relationships, learning and behaviour within the classroom and the development of key skills to make informed choices now and in adult life.

The key skills and issues we will address through the PSHE programme in Early Years, Key Stage 1 and 2 are:

- Feeling positive about themselves.
- Listen, discuss and communicate.
- Share views.
- Take and share responsibility.
- Make real choices.
- Develop relationships in work and play.
- Deal with feelings.
- Identify where/who to ask for help.
- Set simple goals.
- Consider impact of behaviour.
- Consider social and moral dilemmas.

## **PSHE Curriculum Content at KS1**

### **Health and Emotional Well Being**

- Self Confidence.
- Achievement and Success
- Positive Relationships
- Coping
- Support
- Health and wellbeing – physical and emotional.

### **Drugs and Substance Misuse**

- Harmful household products.
- Rules for keeping safe.

### Relationships and Sex Education

- Families and People Who Care For Me
- Being Safe
- Online Relationships
- Caring Friendships
- Respectful Relationships

### Citizenship

- Differences and similarities in people.
- Difference between right and wrong, fair and unfair.
- Understand and follow rules and responsibilities.
- The environment.
- Groups and communities.
- Bullying and teasing.

### Economic Well Being

- Money – different sources and purposes.

## **PSHE Curriculum Content at KS2**

### Health and Emotional Well Being

- Self Confidence.
- Achievement and Success
- Positive Relationships
- Coping
- Support
- Health and wellbeing – physical and emotional.

### Drugs and Substance Misuse

- Effects and risks of substances and drugs, legal and illegal.

## Relationships and Sex Education

- Puberty.
- Families and People Who Care For Me
- Being Safe
- Online Relationships
- Caring Friendships
- Respectful Relationships

## Citizenship

- Responsibilities, rights and duties.
- Rules and laws.
- Bullying and racism.
- Democracy, local and national.
- Voluntary community and pressure groups.
- Religious and ethnic identities in the UK.
- Sustainability.
- The media.
- Stereotypes.

## Economic Well Being

- Jobs and careers.
- Money and saving.

## Educate and Celebrate



We actively promote equality and social inclusion. The 'Educate and Celebrate' programme has been embedded into our curriculum. The programme provides positive relationships and understanding. It is based around a set of stories about different families, relationships and gender identities.

## **Pupils right to be excused from Sex and Relationship Education**

Some parents prefer to take the responsibility for some aspects of this element of education. They have the right to excuse their children from all or part of the sex education elements delivered as part of the statutory Relationships Education, except for those parts included in the statutory National Curriculum (i.e in Science lessons).

We would make alternative arrangements in such cases. Parents are encouraged to discuss their concerns and/or decisions with the head teacher at the earliest opportunity. The head teacher/RSE lead will document the process and outcome. Parents/carers are welcome to review any RSE resources the school uses.

## **Responsibilities, Monitoring and Evaluation.**

The PSHE Co-ordinator is responsible for:

- Monitoring the teaching and learning of PSHE.
- Overseeing and implementing the policy.
- Writing an annual action plan for The School Improvement Plan and evaluating progress throughout the year.
- Attending INSET and providing staff with appropriate feedback.

Each class teacher is responsible for delivering the PSHE programme.

The school will monitor and evaluate the PSHE programme as part of the ongoing school review process including:

- Assessment of Teaching and Learning in PSHE through lesson observations.
- Scrutiny of children's work.
- Evaluation of topics and issues covered by both pupils and staff.
- Feedback from parents and governors.
- Feedback from visitors in schools supporting the PSHE programme.

## **CONCLUSION**

This policy also needs to be in line with other school policies and therefore should be read in conjunction with the following school policies.

- Inclusion Policy
- Equality
- Health and Safety Policy
- R.E Policy
- Relationships and Sex Education Policy

